



Day in the Life: India

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What is it like to live in India? Read about how one girl spends a typical school day.



Hi! I'm Yoshita Sharma. I am 10 years old. I live with my parents, granddad, sister, aunt and cousin in Noida, in the northern state of Uttar Pradesh.

 6:15 a.m.	Mama wakes me up. I brush my teeth, take a bath and dress for school. For breakfast, I usually have a glass of cold milk and fruit or a bowl of cornflakes.
 7:15 a.m.	I take my huge school bag and run for my bus. My friends and their parents are already there. I greet everybody and then start chatting with my friends.
 8:00 a.m.	At school, we have assembly. We say prayers and do judo, karate and yoga. At 8:30, we head to our classrooms to start lessons. There are 45 children in my class. We are studying nouns in English. Next is social studies. My teacher gives us long dictations. We have to write very fast to keep up.
 10:20 a.m.	After a 20-minute recess, it's time to study Hindi. Art, my favorite class, is next. I'm doing pottery. It will take me time to perfect it.



12:35 p.m.

Time for another break. I go to the canteen for a late breakfast. I have chole bhatura, which is deep-fried bread with tomato sauce.



12:45 p.m.

After recess, I have science class. We are learning about motion.



1:50 p.m.

School is over. We are all sweaty and tired, so we drench ourselves with our water bottles. Then we rush for the stalls that sell ice cream.



2:30 p.m.

At home, a chilled vanilla milkshake cools me off. I change my clothes and wash up. I'm almost lifeless from the heat. I watch TV while Mama feeds me my lunch of chapati bread, rice, vegetables and sweet curd. Then I take a nap.



6:30 p.m.

I rush to the park to play games with my friends.



8:00 p.m.

Back at home, I watch TV and then do my homework. For dinner, I have shahi-paneer, which is cottage cheese, rice, peas, and bread.



11:00 p.m.

I brush my teeth before bed. Good night!